Get set up in three steps

Enhance-d brings your Dexcom glucose together with your exercise, sleep and insulin. Setup takes about five minutes. Have the email and password you use for the Dexcom app to hand.

Scan to download

1 Download the app

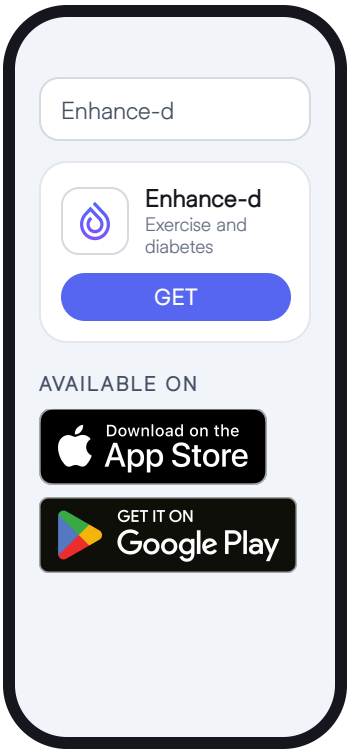
Scan the QR code or visit **enhance-d.com/app/download**. It opens the App Store or Google Play. Tap **Get** or **Install**, then tap **Open**. It is free.

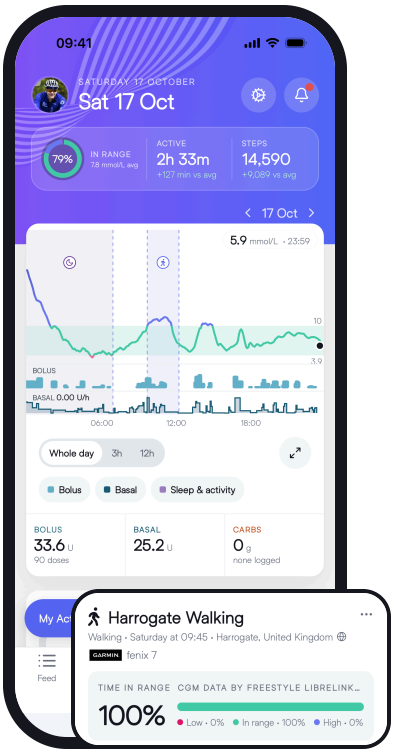
2 Join for free

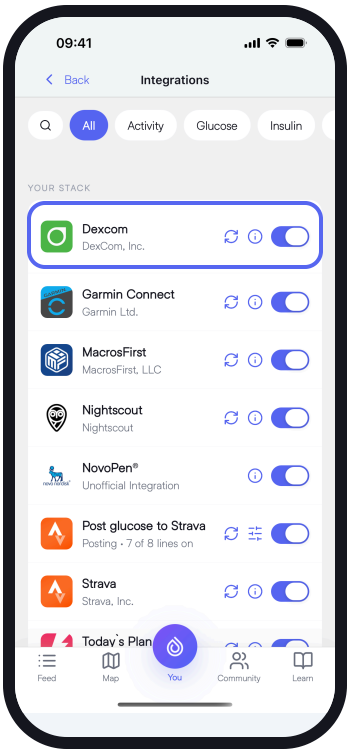
Tap **Join for Free**. Enter your name, email and a password (or sign in with Apple or Google), agree to the terms and tap **Create Account**. Then set up your profile.

3 Connect Dexcom

On the **Integrations** tab, tap **Connect** next to the **Dexcom** option for your region. Tap **Continue**, enter your Dexcom login, tap **Login**, then **Done**.







Keep your Dexcom app

We bring in about 90 days of history. Readings arrive with a short delay, so keep your Dexcom app for alerts.

Add your activity

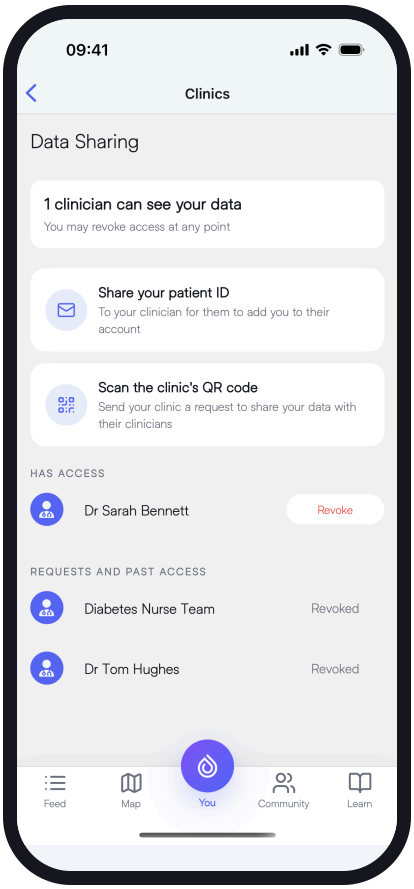
Connect Apple Health, Garmin, Strava and more on the same Integrations tab.

Next: your care team

Turn over to link Enhance-d to your clinic.

Share your data with your care team

Link Enhance-d to your clinic once and your care team sees your data on their dashboard. No reports to email or upload. Use whichever option your clinic gives you.



A Scan your clinic's QR code

Point your phone camera at the QR code on your clinic's poster. Enhance-d opens and shows your clinic's name. Tap **Confirm**.

B Tap the link in your clinic's email

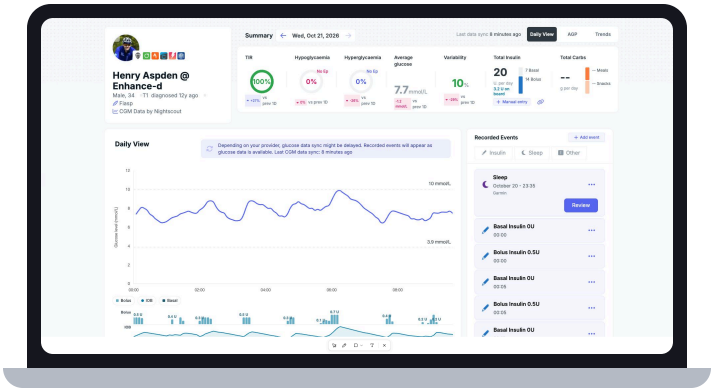
Open the email with your Clinic ID on your phone and tap the link. The app shows your clinic's name. Tap **Confirm**.

C Send your Patient ID

On the **Search** tab, tap the **Clinics** icon, then **Share Your Patient ID**. Enter your care team's email and tap **Send**. Accept their confirmation on the Clinics page.

You stay in control

Your clinic approves the link before they see anything. The Clinics page shows everyone with access, and you can remove it at any time.



What your care team sees

Everything you connect, in one place on their dashboard, ready to talk through at your next appointment.

- Time in range
- Lows and highs
- Average glucose
- Variability
- Insulin (basal and bolus)
- Carbs and meals
- Workouts and activity
- Sleep
- AGP report
- Trends over time